

# Humanscale's OfficeIQ x TOME: Creating the Ultimate Active Workspace

Pairing the best in software innovation with Humanscale's award-winning collection of office products, OfficeIQ is the next step in transforming the traditional office.

Integrated into sit/stand desks and task chairs, OfficeIQ promotes physical activity and breaks up extended seated periods by monitoring when users sit, stand and leave their desks.

Increasingly, research is showing that sitting for hours every day is detrimental to health. But regular intervals of standing reduce fatigue, minimize injury, and improve long-term health. Ergonomists recommend a balance of standing for 15 minutes every hour to invigorate mind and body.

OfficeIQ encourages users to make daily activity integral to their working lives by prompting them to stand up at recommended intervals.

The intelligent technology, which creates a connected workstation that links in to third party smartphone apps, measures health and wellness information such as caloric expenditure and gives users real-time feedback.

## FEATURES

- Uses sensors and Bluetooth Low Energy (BLE) wireless with a range of up to 200ft
- Does not require integration into an existing IT system
- Supports Android and iOS smartphones
- Works with third-party personal fitness apps across multiple platforms and devices to encourage health across an organization
- Data collected helps companies gauge which departments are using their sit/stand products effectively and how their office can improve
- Offered as a premium with Humanscale's sit/stand desks Float and Quickstand

**LAUNCHING JUNE 2015**

**Contact your Humanscale sales representative to schedule a personal demonstration.**



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